

Mental Health Facts IN AMERICA

Fact: 43.8 million adults experience mental illness in a given year.



1 in 5 adults in America experience a mental illness.



Nearly 1 in 25 (10 million) adults in America live with a serious mental illness.



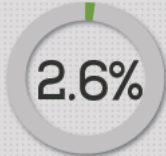
One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

Prevalence of Mental Illness by Diagnosis



1.1%

1 in 100 (2.4 million) American adults live with schizophrenia.¹



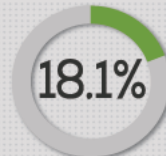
2.6%

2.6% (6.1 million) of American adults live with bipolar disorder.¹



6.9%

6.9% (16 million) of American adults live with major depression.¹



18.1%

18.1% (42 million) of American adults live with anxiety disorders.¹

Consequences



10.2m

Approximately 10.2 million adults have co-occurring mental health and addiction disorders.¹



26%

Approximately 26% of homeless adults staying in shelters live with serious mental illness.¹



24%

Approximately 24% of state prisoners have "a recent history of a mental health condition".²

Impact



1st

Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.¹



-\$193b

Serious mental illness costs America \$193.2 billion in lost earning every year.³



90%

90% of those who die by suicide have an underlying mental illness. Suicide is the 10th leading cause of death in the U.S.³

Treatment in America



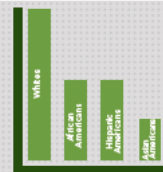
60%

Nearly 60% of adults with a mental illness didn't receive mental health services in the previous year.⁴



50%

Nearly 50% of youth aged 8-15 didn't receive mental health services in the previous year.¹



African American & Hispanic Americans used mental health services at about 1/2 the rate of whites in the past year and Asian Americans at about 1/3 the rate.¹

Ways to Get Help



Talk with your doctor



Connect with other individuals and families



Learn more about mental illness



Visit NAMI.org

¹ This document cites statistics provided by the National Institute of Mental Health. www.nimh.nih.gov

² Statistics provided by Department of Justice.

³ American Journal of Psychiatry and U.S. Surgeon General's Report, 1999.

⁴ Substance Abuse and Mental Health Services Administration